### EISENHOWER GIRLS LACROSSE est. 2017





## **Eisenhower Lacrosse**

**REGISTRATION NIGHT 3/4/20** 

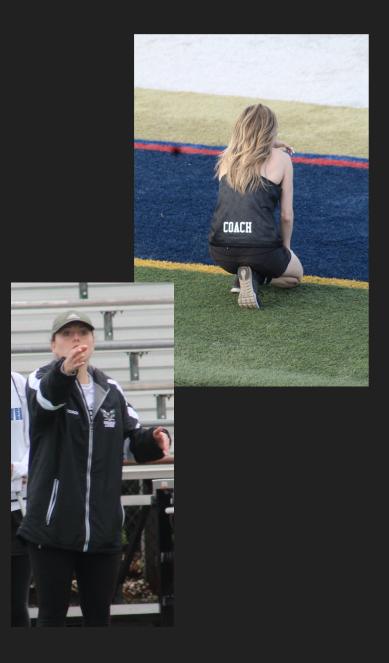
#### **AGENDA**

- Introductions and Program History
- Program Mission and Vision
- > Tryouts
- > What to expect this season
- Ike Athletic Booster Club
- Player Apparel and Spirit Wear
- Volunteering
- Fundraisers
- Registration Process and Fees
- ≻ Q&A



## INTRODUCTIONS

- Varsity Coach Desiree Messina
- JV Coach Ryleigh McGregor
- Eisenhower Girls Lacrosse Board Members:
  - Steve Valutis President
  - Marc DiLiddo Vice President
  - > Nancy Miller Treasurer
  - Nathan Bills Secretary
  - Andrea Sorensen– Event Coordinator
  - Jennifer Stivers-Dechane Volunteer Coordinator
- Team Moms
  - Leslie Valutis (Varsity 2019), Kate DiLiddo (JV 2019)



## **PROGRAM HISTORY**



## 2017

- Boys Program support
- 29 New Players
- Varsity Team
- 3-10 Varsity

2018

- 47 Players
- Varsity and JV Teams
- Joint Board
- 8-7 Varsity8
- 8-3 JV

## 2019

- 54 Players
- Varsity and JV
   UNDEFEATED
- Stand Alone Board
- 17-0 Varsity
- 12-0-4 JV

### **EISENHOWER EAGLES GIRLS LACROSSE PROGRAM MISSION**

We aspire to be an outstanding organization that provides a one-of-a-kind experience to every student-athlete through means of exceptional work-ethic, positivity, sportsmanship, and commitment.

A high-quality experience is one in which every athlete:

- Is coached using the principles of Positive Coaching
- Has fun at practices and games
- Feels like an important part of the team regardless of performance
- Learns "life lessons" that have value beyond the playing field
- Learns the skills, tactics and strategies of the game and improves as a lacrosse player
- A program that works together to improve every single day
- Undefeated "in mind and spirit"
- Strive for greatness in the journey and process, the outcomes will follow
- Everyone has a role and value in the program

# What are the Values of Eisenhower Girls Lacrosse?



## go to: <u>www.menti.com</u> and use the code: 58 99 25

https://www.mentimeter.com/s/52caab3c510c8aad841e9678ec3c9151/6b7d65a1dc40/edit?

Eisenhower Eagles Girls Lacrosse Program Values					
Fun	Hard workir	ng Pass	sion	Supportive	Character
	Competitive		Empo	vering	
Good sportsmans	· Excellence		<b>D</b>	Collaboration	
Community	Supportive	Confide	Positive ence	Undefeate	
Respect		Team Building		<b>-</b> •	Leadership
			U	Driven	Humility
Students first Discip		ine Attitude		Family Oriented	
Commitment			Loya	lty	



## PARENTS ROLES:

- Be positive
- Exemplify good sportsmanship
- Support ALL players
- Support the coaches
- Step up and be a Volunteer
- Promote Lacrosse Program
- No negative comments about others
- No coaching from the sidelines
- Be a crowd-builder
- Applaud for ALL players when they come out of the game

-Support your daughter's effort, commitment, and sacrifice. Support her investment in the process and the experience she's helping create for her teammates.

-Find ways to serve by helping when needed (give a ride, scorebook, team dinners, etc) - we can't do this without you!

-Check out:

https://positivecoach.org/parents/

## Sport Parents Code of Conduct

Parents Remember that children are involved in sport for their Agreement 1) enjoyment not yours 2) Respect all decisions made by coaches, referees and officials 3) Be a role model by supporting Algorithm Do not coach your child in 4) games or training 5) Respect the rights of all players Applaud effort and hard work, as well as success 6) Avoid criticising any player on 7) the pitch or at training Encourage children to play 8) according to the rules Do not force your child to participate in sport (XX) 9) Do not shout or criticise players if they make a mistake 10) Do not be rude towards 11) players, other parents, coaches and officials Applaud the opposition as well 🍊 12) 🕑 @BelievePHQ as your own team

## PLAYERS RESPONSIBILTIES (On and off the field):

- Sportsmanship/Respect
- Communication
- Supportive
- Hard-working/Dedicated
- Punctual and Consistent
- Make decisions to benefit the team/program
- Positive representation of Eisenhower HS and of Girls Lacrosse
- Conflict Resolution/Empowerment
- Follow MHSAA Athlete code of conduct



## COACH'S ROLES:

- Be positive
- Be honest
- Be open-minded
- Approachable
- Communicative
- Exemplify good sportsmanship
- Support ALL players
- Promote Lacrosse Program
- Be a Role Model to the players

-Coaches will support your
daughter's effort, commitment, and
sacrifice. Encourage them to learn
and love the game of lacrosse and
to apply learnings from the club to
school and life.

-Ike Lacrosse coaches certified as a "Positive Coach" in the Positive
Coaching Alliance
(https://positivecoach.org/thepower-of-positive/)

## TRYOUTS

- > March 9th March 13th
  - Monday Friday 3:00 pm 5:00 pm
  - Transportation needs contact Leslie Valutis (248-765-6624)
- > Location: Total Sports Park 65665 Powell Rd, Washington, MI 48095
- Equipment needed:
  - lacrosse stick
  - protective goggles
  - > mouth guard (cannot be white or clear)
  - cleats (lacrosse or soccer hightops preferred)

## WHAT TO EXPECT THIS SEASON

- Communication
  - Coaches, Team Snap, Website (<u>https://eisenhowerathletics.org/</u>) & Team Moms
- > Indoor tryouts/practice 3/9-4/24 (3 pm 5 pm M-F)
- Mandatory Player Retreat 3/15
- Family Potluck 3/22 @ Stoney Creek Church
- > Practice outdoors after April 24 (Time TBA)

## WHAT TO EXPECT THIS SEASON

Game schedules will be posted on Team Snap and <u>https://eisenhowerathletics.org/</u>

- > 12-17 Games for each team
- > Weekdays typically 5:30pm JV and 7pm Varsity
- Some Saturday games as well
- Commitment
- > 4 Team dinners/Study nights
- > Academic success
- > Board transparency and involvement

### **IKE ATHLETIC BOOSTER CLUB**

Lisa Smith, President Susan Milo, Membership Chair



#### 2019 - 2020

## Eisenhower Athletic Booster Club





## Who are we?

We are a Non-Profit 501(c)(3) parent run organization with the primary focus of supporting Eisenhower Athletics and the Athletic Department.

- Provide financial support for Eisenhower sports programs (Varsity and Club) providing equipment, accessories and technology
- Assist with financial support for the Athletic Department to enhance our athletic facilities
- Recognize team and individual accomplishments
- Provide moral support to the Eisenhower Eagle community



#### **Eisenhower**

#### 2019 -2020

## Multiple Ways You Can Support

- Become a Booster Member
- Volunteer to lead/participate one of many committees
- Volunteer to work concessions or Booster fundraisers
- Amazon Shoppers use the browser redirect <u>www.ikeboostershopping.com</u> or designate you Amazon Smile Rewards
- Kroger Shoppers designate your Kroger Rewards
- Hamlin Pub at 25 Mile and Van Dyke 15% Rewards Card
- Our Largest Fundraiser of the year: The Night at the Races....



#### **Eisenhower**

#### 2019 -2020

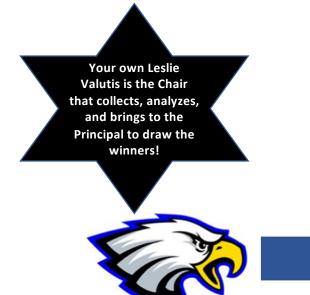
## **Member Benefits**

#### Eisenhower Athletic Booster Club College Scholarship

#### Eisenhower Athletic Booster Club Underclassman Scholarship

\$500.00 college scholarship presented to 8 Eisenhower High School **Senior** Student Athletes

• Presented to 4 females / 4 males



A paid Eisenhower Athletic Department 'Pay to Play' fee (or \$165 paid toward a club sport's 'registration fee')

- Presented to:
  - 1. 2 Freshmen
  - 2. 2 Sophomores
  - 3. 2 Juniors
  - For a total of 6 awards

**Go Eagles** 

#### **Eisenhower**

#### 2019 -2020





**Go Eagles** 

## PLAYER APPAREL AND SPIRIT WEAR

Heather Collis – Committee Chairperson

- Spirit Wear Order online from 3/12/20 3/19/20
- Samples on display at tryouts 3/10 and/or 3/11
- Mark McCord of Custom Threads
- Delivery week of April 13th







## VOLUNTEERING

Many Volunteer opportunities

- Fundraisers
- Game days
  - Home games
    - Gate Keeper (2 per game)
    - Concessions
    - > Announcer
    - Scoreboard/game clock operator
  - > All games
    - Score Keeper (2 per game)
    - Photographer
    - > Videographer
- Board member
- Booster club



## **FUNDRAISERS**

Fundraising philosophy – "Many hands make light work". Want to have thoughtful, impactful but not too many.

Examples:

- Poker (Michigan gaming license)
- Home Game gate sales
- Pop-Sockets
- Headbands
- T-Shirt sales
- Car Decals
- Yard Signs
- Charity game

## **REGISTRATION PROCESS AND FEES**

#### Complete this Registration Process by March 5, 2019

- Pay \$350 Membership Fee by check (today or mail in)
- Pay by credit card on Team Snap (\$11.45 credit card fee / \$7.45 Bank EFT fee)
- Registration fee will be refunded to you if your daughter does not make the team.
- Check should be made out to: Eisenhower Girls Lacrosse Booster Club
- Get a Sports Physical (emailed or form available on MHSAA website).
  - Physicals must be dated after 4/15/2019.
- Register on Family ID and upload physical required of all Eisenhower sports
- Register for Team Snap
- If there is a financial hardship please email Nancy Miller at millerfamily586@gmail.com

## **REGISTRATION PROCESS**

#### How to Register on TeamSnap

- Go to https://go.teamsnap.com/forms/223445
- Fill all player and parent information
- > You will choose your daughter as the Participant to register.
- Even if you have a returning player please fill out all the information.
- It will be important once the team begins to use team snap to make sure that both your daughter and parent(s) all have a TeamSnap account. If you are a returning parent, you will not need to create a new account.
- You have an option on the bottom of the information page to choose to "opt out" of sharing your information in the TeamSnap app once the teams are formed.
- $\succ$  When you get to the payment options you will have three options.
  - Credit Card (\$11.45 fee)
  - Bank Account EFT (\$7.95 fee)

## **REGISTRATION PROCESS**

#### How to Register on Family ID

- Go to <u>www.familyid.com</u>
- Login (or create your account first)
- Find Eisenhower High School Athletics
- 2020 Spring Registration
- Click Register Now
- Select Girls Lacrosse
- Select Registering for a Club Sport no fee
- Complete the registration process online including uploading your physical (best results if each page of the physical is a separate pdf file).
- If you had a physical saved from a previous Fall or Winter sport this year then it will carry over for the Spring sport.
- $\succ$  Print a copy for yourself.
- Please direct any questions or concerns regarding Family ID to John Bertich (AD) at john.bertich@uticak12.org

## **REGISTRATION PROCESS**

#### Today after the meeting

- Pay Lacrosse Team Registration Fee of \$350 (Nancy Miller)
  - Checks made out to: Eisenhower Girls Lacrosse Booster Club
- Board Members and Coaches are here to help:
  - Get help with Family ID
  - Get help with Team Snap
  - Get answers to any additional questions
- Sign up for the Eisenhower Athletic Booster Club



## THANK YOU!

## LOOKING FORWARD TO A GREAT 2020 SEASON GO IKE!!